



Ontario Psychiatric Association

**OPA Section on Addiction Psychiatry** presents

# OPA Addiction 101 Day

**SATURDAY, JUNE 16, 2018**

THE FACULTY CLUB, UNIVERSITY OF TORONTO, 41 Willcocks Street, Toronto, Ontario

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*This is a day for skill building for health care providers working with patients who use substances. The focus will be on addiction pharmacotherapy and psychosocial interventions. The format will be didactic presentations and small group experiential exercise. The medications covered will include buprenorphine/naloxone and anti-craving medications for alcohol. The psychosocial interventions will include evidence based behavioural approaches to substance use disorders.*

## PRESENTERS

Wiplove Lamba, MD, FRCPC Psychiatry  
Alexander Caudarella, MD, CCFP Family Practice  
Anees Bahji, MD, Psychiatry resident  
Tim Guimond, MD, FRCPC

## AGENDA

08:30 am - Registration and Breakfast  
09:00 am - Welcome and Introductions  
09:15 am - 10:30 am – Session I: General Approach to the Patient  
10:30 am - 10:45 am – Refreshment Break  
10:45 am - 11:45 am – Session II: Addiction Pharmacotherapy 101  
11:45 am - 12:15 pm – Small Group Cases  
12:15 pm - 01:15 pm – Luncheon. Networking Time and Community of Practice Strategizing Time.  
01:15 pm - 02:30 pm – Session III: Psychosocial Interventions 101 (Intro to MI and DBT)  
02:30 pm - 02:45 pm – Refreshment Break  
02:45 pm - 03:45 pm – Session IV: Practice Exercises Including Behavioural Chain Analysis  
03:45 pm - Closing Remarks and Conclusion

## LEARNING OBJECTIVES

Upon attending the session, participants will be able to:

- 1) Identify, assess, and manage opiate and alcohol use disorders, both in withdrawal and maintenance phases.
- 2) Identify and determine appropriate psychosocial interventions and describe dialectical behavior therapy for substance use in detail.
- 3) Develop a learning plan to increase proficiency in assessing and managing patients with substance use disorder.

## PLANNING COMMITTEE

Wiplove Lamba, MD, FRCPC Psychiatry  
Suzanne Turner, MD, CCFP Family Practice  
Alexander Caudarella, MD, CCFP Family Practice

Ahmed Hassan, MD, FRCPC Psychiatry  
Anees Bahji, MD, Psychiatry resident  
Tim Guimond, MD, FRCPC



ONTARIO  
PSYCHIATRIC  
ASSOCIATION

# 2018 ADDICTION 101 DAY

## June 16, 2018

THE FACULTY CLUB, UNIVERSITY OF TORONTO  
41 Willcocks Street, Toronto, Ontario M5S 1C7

### REGISTRATION FORM

#### CONFERENCE FEE SCHEDULE

*(Fees, per person, cover your conference registration, breakfast, luncheon & refreshment breaks.)*

	<i>Before May 19, 2018</i>	<i>After May 19, 2018</i>
OPA Members – Full	\$195.00 + HST = \$220.35	\$210.00 + HST = \$237.30
OPA Members – Associate/Life/Honorary/Inactive	\$145.00 + HST = \$163.85	\$160.00 + HST = \$180.80
Residents	\$ 75.00 + HST = \$ 84.75	\$ 90.00 + HST = \$101.70
Non-Members – Physicians	\$245.00 + HST = \$276.85	\$260.00 + HST = \$293.80
Non-Members – Allied Health Care Professionals	\$195.00 + HST = \$220.35	\$210.00 + HST = \$237.30

*To qualify for member fees your membership should be in good standing.*

I am a  Member  Non-Member  Resident

Name *(including title)* \_\_\_\_\_

Institutional Affiliation \_\_\_\_\_

Address \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

Dietary Restrictions \_\_\_\_\_

**METHOD OF PAYMENT**  Cheque enclosed  VISA  MasterCard  AMEX

TOTAL AMOUNT \$ \_\_\_\_\_

Credit card number \_\_\_\_\_ Expiry date \_\_\_\_\_ Validation code \_\_\_\_\_

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#### REFUNDS POLICY

*Requests for refunds should be submitted in writing to OPA. Prior to May 19, 2018 – 50%.  
Refunds cannot be provided for cancellations received after May 19, 2018.*

*OPA will take photographs at the 2018 OPA Addiction 101 Day Conference and may use them in OPA promotional materials,  
including print, electronic or other media, and website.*

*By participating in the 2018 OPA Addiction 101 Day Conference, you grant OPA the right to use your name and photograph for such purposes.*

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